

"Supporting the life cycle of a music educator..." • Paul K. Fox, Chair • Special Issue for ALL PMEA members • Page 1 of 7

Collegiate Communiqué #30 Managing COVID, Virtual Learning, & SEL Fall 2020

Greetings from the PMEA Chair of the Council for Teacher Training, Recruitment, and Retention.

Collegiate Communiqué is released several times a year and serves as a "quick-read" and "starting point" for news, perspectives, and research geared to music education students and higher education teachers. However, **this special edition is being distributed to all PMEA members** and spotlights the activities of PA's **Society for Music Teacher Education**, **PCMEA**, **PMEA EXCOM**, and **PMEA Council TTRR**. Notable features:

- PMEA's "Red Toolbox"
- PCMEA Region III Virtual Workshop (November 1, 2020)
- Millersville/Slippery Rock University Mindfulness Video Series
- SEL Tools from the PDE Arts and Humanities Professional Learning Community
- "Masters and Maestros" and More Coming Attractions... from PMEA & TTRR

This is *your* forum. You are invited to submit an article for a future issue: <u>paulkfox.usc@gmail.com</u>. Previous issues are archived here: <u>https://www.pmea.net/focus-areas/pcmea/</u>

PMEA's "Red Toolbox"

Have you seen this? A quick perusal of the PMEA website will reveal many sections with this symbol -



sources of digital, remote learning, and alternative music education materials uncovered by the PMEA EXCOM, staff, Teacher Training, Recruitment, and Retention Council, Professional Development Council, and other colleagues. If you are looking for assistance in dealing with distance learning or hybrid models of school instruction, recommendations for online music education tools and consultants, examples of virtual ensemble performances, etc., visit this section:

https://www.pmea.net/pmea-preparing-for-the-future/.



With the onset of the heat wave, drought, wildfires, hurricanes, spikes in COVID-19, and the reopening of schools happening all at once, we need to call for help... Find that number for those incredibly knowledgeable, perceptive, and adaptable problem solvers, the supportive group from "PMEA Cares" including PMEA staff, officers, members, mentors, and retirees! Together, we'll get through this!

Final call for your 2020-21 dues!

This could be your last e-publication from PMEA! Please "re-up" your **PMEA or PCMEA membership** to continue your support of music education initiatives throughout the Commonwealth! <u>https://www.pmea.net/membership-information/</u>

Paul K. Fox

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You Can Still Register for This Sunday's Online Mini-Conference!

PCMEA Region III Virtual Professional Development Workshop on November 1, 2020

Open to all music educators, college students, and professors from across Pennsylvania, and featuring guest speakers on a variety of music education topics, the PCMEA Region III workshop will program the keynote presentation **"Studio Thinking in the Age of COVID"** by Dr. Carlos Abril (University of Miami), co-author of *Musical Experience in Our Lives*. Additional sessions will include the following:

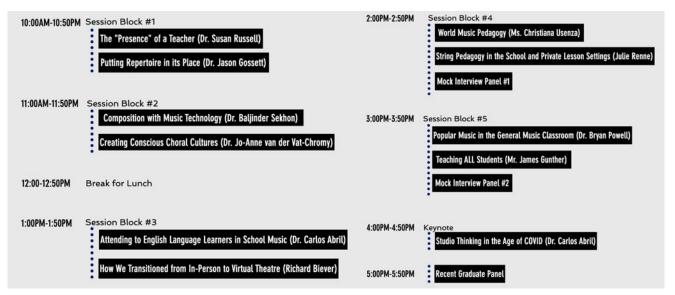
- "The 'Presence' of a Teacher" by Dr. Susan Russell (Penn State University)
- "Putting Repertoire in its Place" by Dr. Jason Gossett (West Virginia University)
- "Composition with Music Technology" by Dr. Baljinder Sekhon (Penn State University)
- "Creating Conscious Choral Cultures" by Dr. Jo-Anne van der Vat-Chromy (James Madison University)
- "Attending to English Language Learners in School Music" by Dr. Carlos Abril (University of Miami)
- "How We Transitioned from In-Person to Virtual Theatre" by Richard Biever (Fuse Productions)
- "World Music Pedagogy" by Christiana Usenza (PhD Candidate at Penn State University)
- "String Pedagogy in the School and Private Lesson Settings" by Julie Renne (Bellefonte Area SD)
- "Popular Music in the General Music Classroom" by Dr. Bryan Powell (Montclair State University)
- "Teaching ALL Students" by James Gunther (The Park School)

In addition, Mock Interview Panels and a Recent Graduate meeting are scheduled.

Act 48 credits will be available from PMEA.

For more information about the event or to register, visit <u>https://region3pcmea.wixsite.com/workshop</u>. Please feel free to email PCMEA Region III Coordinator Tessa Vendetti with any questions at <u>pcmearegion3@gmail.com</u>.





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Mindfulness Video Series

Brought to you by PA SMTE (Kathleen Melago, chair) and students and teachers from Millersville and Slippery Rock universities

A focus group of the Pennsylvania Society for Music Teacher Education (SMTE) met several times over the summer to discuss developing resources geared toward SEL (social-emotional learning) and drafting a document to help higher education faculty navigate the types of stressors students might be facing this year during the COVID-19 changes. One product of this was the creation of a series of videos on mindfulness, breathing, and guided meditation.

Associate Professor of Music Education and Division Head for Music Education at Slippery Rock University Dr. Kathleen Melago collaborated with Professors Joe Cernuto and Emily Davis from Millersville University to create multiple stress-relieving scripts. These eventually became a list of videos for mindfulness and gratitude that can be used with college students, teachers, and secondaryage students in the schools. These exercises are designed for, and will be distributed to, music educators across the state of Pennsylvania beginning from this link to the PMEA/SMTE YouTube playlist: https://www.youtube.com/playlist?list=PL e M8A-c13PMsm 0PChVh-NTK-HwR7QW

- "Standing Like a Superhero" (Christina Flores) https://youtu.be/3S0cxF5jVw8
- "Thankful Thoughts" (Christina Flores) https://youtu.be/ilNT81Kw6z4
- "Three Collective Breaths" (Christina Flores) https://youtu.be/VqriFAe2ofw
- "Two Word Check-In" (Christina Flores) https://youtu.be/0nqdw_3rMhs
- "Breath of Joy" (Christina Flores) <u>https://youtu.be/KS5RRt442Bc</u>
- "Breath of Joy" (Hannah D'Egidio) https://youtu.be/3T9a9t 41sc
- "Five Moments of Gratitude" (Hannah D'Egidio) https://youtu.be/KJh7GqIQu3A
- "Body Scan" (Mike McGarrigle) https://youtu.be/fI59rS2SVJc
- "Breath Exploration" (Mike McGarrigle) https://youtu.be/TEIwoOVRxZs
- "Tense and Release" (Mike McGarrigle) <u>https://youtu.be/FpWXOurT1Ts</u>
- "Three Collective Breaths" (Noah Manno) <u>https://youtu.be/Mf_74G4BqeI</u>
- "Thankful Thoughts" (Noah Manno) https://youtu.be/eT8HNzF3Xpg
- "Two Word Check-In" (Noah Manno) https://youtu.be/cwaK0qjUrJk



Slippery **Rock** University. of Pennsylvania

Millersville

University



(You are invited to read the entire article at <u>https://slipperyrockuniversitymusic.wordpress.com/2020/10/02/sru-</u>music-education-students-collaborate-with-millersville-university-to-create-mindfulness-video-series/).

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Society *for* Music Teacher Education



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Samples of PDE Resources

Social Emotional Learning (SEL) Tools from PDE

Links from the PDE SAS Arts & Humanities PLC eBlast (10/27/20)

- Social and Emotional Learning Toolkits for Music <u>https://drive.google.com/file/d/1QnXIA5nztUYFDIVpmHZQCAumcPwO-exl/view</u> along with these videos: <u>https://youtu.be/QIPWy8-15z0</u> and <u>https://youtu.be/4YxyAcV9QXc</u>
- Pandemic Takes a Swipe at Fine Arts Education, But Might Just Prove How Much It's Worth by Jennie Geisler in <u>Erie Times-News https://www.goerie.com/story/news/2020/10/18/pandemic-takes-swipe-fine-arts-but-might-just-prove-its-worth/5871193002/</u>
- Classifying Three Musical Genres from the Michigan Arts Education Instrument action and Assessment <u>https://maeiaartsednetwork.org/assessment/classifying-three-musical-genres/</u>
- The Promise of Artistic Process Social Emotional Learning (SEL) Aligns the Standards by Scott Edgar, Frank Kick, and Lori Schwartz Reichl <u>https://nafme.org/promise-artistic-process/</u>

Other News from PDE

Reported to TTRR Council by O. David Deitz, PMEA's "very own" PDE Fine Arts Consultant:

"Worked with PMEA EXCOM over the summer sharing PDE requirements for re-opening schools, COVID-19 issues of music education in the schools, and the fostering of social-emotionallearning, formation of and participation on the new Pennsylvania Arts Education Leadership Council, management of the PDE SAS Arts and Humanities Learning Community (above sample links to articles and other resources for art, music, dance, and theater:

<u>https://www.pdesas.org/Community</u>); School District of Philadelphia (SDP) in partnership with PDE, the Community College of



pennsylvania

DEPARTMENT OF EDUCATION



Philadelphia, Cheyney, West Chester, Temple, Drexel, Arcadia and Cabrini universities, and local education and youth organizations have spearheaded the pilot program 'Aspiring 2 Educate' in order to seek, support, and recruit more future 'teachers of color' and cultivate and diversify the city's educator pool: <u>https://www.education.pa.gov/Postsecondary-</u>Adult/Pages/Aspiring-to-Educate.aspx"

From the PDE Bureau of School Leadership & Teacher Quality:

As per recommendations of the PA Professional Standards & Practices Commission (PSPC) in January 2020, the PA State Board of Education adopted amendments to Chapter 49 (certification) at their July 8, 2020 meeting, including new "professional ethics" language and required training. The Bureau of School Leadership & Teacher Quality is currently drafting competencies that would require students taking education courses in Pennsylvania to study professional ethics.

On PDE's Certification main page:

To aid future educators in their search for vacancies, the Certification section of PDE's website now contains an interactive resource called **Career Opportunities for Educators** to search by county to locate hiring or human resource information for Local Education Agencies: <u>https://www.education.pa.gov/Educators/RecruitRecog/CareerOpps/Pages/default.aspx</u>

Resource for recent graduates:

This video guides graduates through applying for certification in the Teacher Information Management System (TIMS): <u>https://www.youtube.com/watch?v=NXFnaygVgFo&feature=youtu.be%40PA.GOV%7C2f28477e0221477029ce08d6fef43</u>

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Share Your Connections with PMEA Colleagues From the Desk of Immediate Past President Tina Bennett

Do you know a rock star, jazz musician, show celebrity, ballerina, professional conductor, poet laureate, or virtuoso soloist?

PMEA is looking for **"masters and maestros"** to present sessions for PA "virtual" or in-person music classrooms. Spearheaded by PMEA State Immediate Past

President Tina Bennett, the plan would be to compile a digital library of introductory, one-hour, pro-bona video workshops of professionals in the Performing Arts arena – opera singers, Broadway dancers, Hollywood or television actors or producers, symphony musicians, theater craft technicians, make-up, lighting, costume, or scenery designers, popular artists, music professors, musicologists, lyricists, composers, etc. as our members plan supplemental remote and hybrid learning experiences for their students during the challenging 2020-2021 year.

How about anyone who enjoyed exposure (or found fame?) in the music or movie industry who were former graduates from your school?

In return, PMEA would provide the contact information of each volunteer contributor to promote the possibility of reprise presentations (with honorariums) to cover a wide range of topics, such as:

- Auditioning or interviewing preparation for college or employment
- Composition and arranging (specific genres or ensembles)
- Conducting
- Counseling for a career in a music field
- Digital editing
- Ear-training and sight-reading
- Fiddling
- Future music educators
- Jazz improvisation
- Master classes (specific area)
- Music history
- Music industry
- Music technology
- Performance practices of different music periods
- Practice tips
- Recording tools and methods
- Remediation of performance anxiety and stage fright
- Songwriting
- Theater tech
- Vocal techniques

The inaugural program will be called **PMEA – Beyond the Classroom Project.** Here's the link to a form to be completed by anyone willing to volunteer as a **"master or maestro!"** https://forms.zoho.com/pmea/form/PMEAMusicianConnectionForm/share

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More Coming Attractions... from PMEA & TTRR! From the Minutes of Official State Meetings

- A proposal to create a new state position was passed by the Board, **Director of Public & Government Affairs**, with the purpose to coordinate and lead action related to public and government affairs with stakeholders on behalf of PMEA and to work to advance the knowledge of PMEA members and empower them to action in their own schools and communities.
- A brainchild of PMEA EXCOM, planning is underway to offer a one-day virtual workshop, possibly called PMEA M.E.E.T. (<u>music-exploration-enrichment-training</u>), held in conjunction with the PMEA Spring Conference, for students not already involved in All-State Festivals or the Future Music Educators Honors Symposium. The goal would be to reach-out, connect with, and engage "average-but-musically-motivated kids," and to involve



Kudos to recently re-activated and "supercharged" PCMEA chapter with large percentage increase in membership enrollment: University of the Arts

more of them in PMEA. Sessions may include topics such as auditioning tips, careers in music, college readiness, conducting, leadership, "life-long pursuit of music learning," "Meet the Artist" (or Composer or Conductor), Modern Band, Social Emotional Learning, etc. More details to come!

- PCMEA has been re-organized and President Ken Masaki presented this report to Council TTRR:
 - We have our new executive board and we're very eager to get lots of work done through our region conferences that we are currently organizing.
 - We are trying to connect with our members through our social media by doing Instagram and Facebook takeovers to show "a day in the life of a music education major."
 - For *PMEA News*, we decided on the topic "Making a Difference through Music Education as Collegiate Students." Topics will include finding ways to recruit students into music education programs through webinars and zoom, talking about the importance of taking advantages of services like Music Service Learning, and how we as collegiate students can advocate for the importance of music and the arts within our public schools.
- **PMEA Mentor Program** is going strong with the training of new mentors (including retirees), new mentees, and a revamped Facebook group of more than 67 members. Ask to "join up" at https://www.facebook.com/groups/717186051786543.
- A series of two new webinars are being organized for the second and third weeks in January 2021:
 - Teacher Ethics, Part 1 The Basics (Definitions, Scenarios, and the PDE Code of Professional Practices and Conduct co-presented by Paul Fox and Thomas Bailey)
 - *Teacher Ethics, Part II Going Beyond* (Model Code of Ethics for Educators presented by Paul Fox)
- The Council TTRR Chair is available to present (for free) a one-hour session on **teacher ethics** to your college music education class or PCMEA meeting. A sneak preview of his material can be viewed at https://paulfox.blog/becoming-a-music-educator/.
- Check out the **TRI-M webpage** (<u>https://www.pmea.net/tri-m/</u>) for heartfelt videos and narratives on "The Impact of Music Education" expressed by a handful of TRI-M (Modern-Music-Masters) Honor Society Chapter Members from across the state.

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PCMEA 2020-2021 Leadership Team

Ken Masaki, President Amanda Harold, President-Elect Adam Jonkman, Tech Coordinator Marissa Draim, Treasurer Ila Greenawalt, Region I Coordinator Ryan Carter, Region II Coordinator Tessa Vendetti, Region III Coordinator Emily Felker, Region IV Coordinator Emily Remp, Region V Coordinator Hannah Solomon, Region VI Coordinator

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For Novices and Newbies

A few additional articles to add to your reading list:

- "5 Tips to Get You Started During Your First Month in a New Teaching Position" by Shannon Lauffer <u>https://theartofeducation.edu/2018/08/13/5-things-to-do-during-your-first-month-in-a-new-teaching-position/</u>
- "6 Important Pieces of Advice for Entering a New Teaching Position" by Amanda Heyn <u>https://theartofeducation.edu/2015/07/31/6-important-pieces-of-advice-for-entering-a-new-teaching-position/</u>
- "How to Be Successful in a New Position" by Nick Gehl <u>https://theartofeducation.edu/2019/08/12/how-to-be-successful-in-a-new-position/</u>
- "When Do You Need to Find a New Situation" <u>https://theartofeducation.edu/podcasts/when-do-you-need-to-find-a-new-situation-ep-065/</u>

Are You Getting Your Mail and Email? Check Your Spam Folder!

It is so easy to hit the "delete" button when you are cleaning up your email accounts! The "pounds" of junk mail that may be arriving weekly in your USPS "snail-mail" and digital in-

mail that may be arriving weekly in your USPS "snail-mail" and digital inboxes can be overwhelming! But, be careful you do not accidentally throw out something you *really* wanted or needed to read... and be sure to save PMEA messages somewhere safe!

Professional music educators rely on many sources of communication. PMEA sends out a quarterly-printed state journal *(PMEA News)* and as many as three e-publications or UPDATES per month to help inform members about the news, deadlines, initiatives, and upcoming events.

Hopefully you have not "opted out" receiving these notices when you processed your annual membership renewal or logged into your PMEA account! These are the only ways for PMEA leadership to "connect" with you and provide timely bulletins from the PA music education scene.

Talk to someone if you have failed to receive past issues of PMEA UPDATES, *For the Good of the Order*, this *Collegiate Communiqué*, and PMEA's other Constant Contact email announcements. (If you need help in managing your online settings, contact PMEA staff member Kelly Gressley: <u>kelly@pmea.net</u>.)

Best wishes for a successful conclusion to the fall semester – somehow "climbing out" of this pandemic, "making music" and engaging your students the best you can, in spite of all the challenges, last minute "Plan B's," and restrictions brought on by COVID-19! Take care and be safe!

Paul K. Fox



