

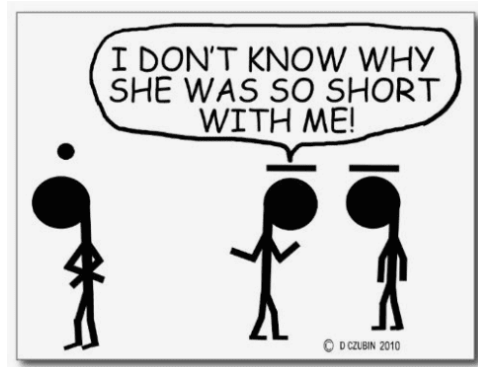
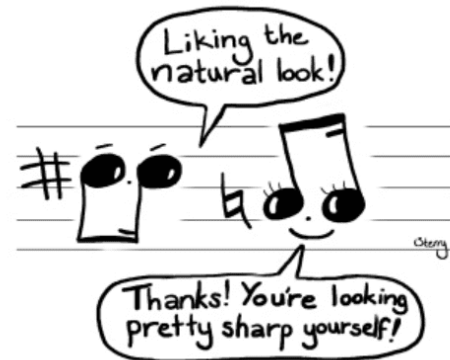


Welcome to the latest edition of eNEWS - the PMEA Retired Member Network... an informal alliance and forum for interconnecting retired music educators, and sharing ideas, stories, successes, news, and views. Thanks for staying involved in the profession!

“Cheesy” (?) music jokes... part 2

by Elizabeth Mulvahill <https://www.weareteachers.com/music-jokes/>

- Knock, knock!
- Who's there?
- Little old lady?
- Little old lady who?
- Wow! I didn't know you could yodel!
- Why did the pianist keep banging his head against the keys?
- He was playing by ear.
- What kind of music are balloons afraid of?
- Pop music.
- What makes music on your hair?
- A headband.
- What did Jay-Z call his wife before they were married?
- Feyoncé [fiancée].
- What's the difference between a piano and a fish?
- You can't tuna [tune a] fish!
- Why was the musician arrested?
- Because she got in treble!
- What types of songs do planets sing?
- Nep-tunes.
- What do you get when you cross a sweet potato with a jazz musician?
- A yam session!
- What did the robbers take from the music store?
- The lute!
- Why did the singer climb a ladder?
- She wanted to reach the high notes!
- What do you get when you drop a piano down a mine shaft?
- A flat minor [miner].
- What do you get when you drop a piano on an army base?
- A flat major.



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Name-dropping and a “happy shout-out” to several retirees...

Stewart Wolf – Retired from Upper Perkiomen School District in 1997 – Trumpet player in the Keystone Band of Rehrersburg and Ringgold Band of Reading.



Stewart Wolf

Cedric Elmer – Retired from Reading School District in 1992 - instructor at the Musette Academy in Seal Beach, California - Quote: *Out here in Southern California, my wife and I continue to live the dream! Lynda teaches a weekly Bible class every Wednesday with between 20 and 25 in attendance. Lynda and I provide occasional sacred piano duet preludes for the Sunday services at Redeemer Lutheran Church in Seal Beach. I'm still on the active roster of the National Guild of Piano Teachers Adjudicators list where I evaluate advanced piano students annually. We also spend time with our daughter, her husband and our granddaughter, Tabitha, who is three. They live about a mile and a half from our home in Leisure World.*

Jean M. Romig – Retired from Millersville University in 1994 - Associate Professor of Music Emeritus - Violin and methods teacher; caregiver of her parents.

Janet Smedley - Retired in 1996 after 14 years teaching in several Waynesboro parochial schools - 2018 newspaper clipping: *Over the past 60 years, Janet Smedley, 86, of Waynesboro has filled the Sunday morning air with beautiful hymns of worship and praise at the Waynesboro Church of the Brethren.*



Janet Smedley

Psst... Pass it on!

One challenge of “keeping in touch” with everybody was recently modeled by several of the above retired members (and perhaps future retirees) - if they “go off the grid!”

Some of our most experienced “seniors” do not have personal email accounts nor access to the Internet on a regular basis. Many of them never see these issues of the PMEA *Retired Member Network eNEWS*, and yet they remain members in good standing and advocates of our professional organization.

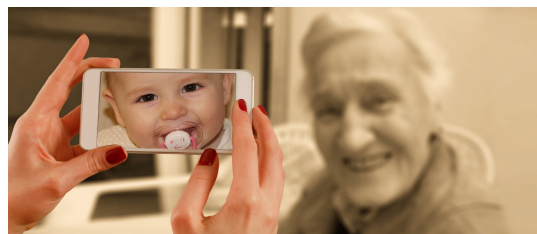
If you are friends with or know of a retired PMEA retiree (29 do not have emails), please reach out to them! Encourage them to submit a family member's email address to receive PMEA notifications, to vote in elections, and access these e-publications. Otherwise, urge them to visit the PMEA retired member focus area on the website and view past issues and articles written especially for them. (They could download these from the local library or family member's computer.)





Photos wanted!

To "spiff up" this e-newsletter and share the *universal blessings* of being retired, we are looking for pictures of PMEA members and their families, babysitting, pets, hobbies, landscaping/gardens, household renovations, travel and vacation spots, gardening, special memories... you name it!



"Smartphone" by Geralt from pixabay.com

Send all files to your retired member coordinator with a line or two about who and what are being shown. All contributions are appreciated! Please use this email address: paulkfox.usc@gmail.com. If you prefer to mail a copy of your photos (no returns!), print the address from the bottom footer of this eNEWS.

Otherwise, we may have to "troll the Internet" and Facebook to capture a few shots of your (ahem) "best side." Thank you!

"Quickie" online advice...

- **Volunteer aboard programs for senior travelers:**
<https://www.goverseas.com/volunteer-abroad/senior-travelers>
- **Avoiding boredom during retirement:**
<https://www.fool.com/retirement/2018/09/28/bored-in-retirement-4-ways-to-fill-your-days-and-m.aspx>
- **Are you struggling to go or stay asleep at night?**
<https://www.aarp.org/health/conditions-treatments/info-2019/have-trouble-sleeping.html?intcmp=AE-HEA-BB-ART>

Retiree "dream vacation" locations...

<https://www.google.com/amp/s/www.cbsnews.com/amp/media/15-top-vacation-spots-for-retirees/>

You already know the greatest tip for retired teachers - travel during off-peak seasons like **during the school year** (no longer *your* limitation!). Some places have discounts for early-bird reservations or non-traditional holidays... like right now for some beaches or resorts on the eastern seaboard! Check out these other ideas, courtesy of **CBS News**:

- | | | |
|---------------------|----------------------|------------------------|
| 1. Alaska | 6. Tuscany, Italy | 11. California coast |
| 2. River cruises | 7. Sicily, Italy | 12. Tulum, Mexico |
| 3. The Caribbean | 8. Bangkok, Thailand | 13. Machu Picchu, Peru |
| 4. Hawaii | 9. Jekyll Island, GA | 14. South Africa |
| 5. Williamsburg, VA | 10. Montreal, Canada | 15. Vietnam/Cambodia |

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Retiree Resource Registry provides “free consultant services”

Recently updated, these retired members (listed below alphabetically by PMEA District number) “stand ready” to help members, PMEA officers, fest/festival hosts, and workshop planners. To reach them, go to the PMEA website https://www.pmea.net/retired-members/ and click on both documents: the R3 Index and full registry.



We welcome our “newest recruit” - Scott Salser - who says he will retire in June 2019 from the Indiana Area School District. On the registry, read his incredible list of accomplishments and assignments. I found two things especially remarkable: the number of his choral students who went on to advanced music festivals, and that he served as a cooperating teacher for no fewer than 49 student teachers!

If you would like to join this prestigious list and volunteer your services, click on this survey link: https://pmea.wufoo.com/forms/pmea-retiree-resource-survey/.

R3 – “Who’s Who of past leaders in PA music programs” – May 10, 2019 revision

- List of names and district numbers: Ralph Bill 1, Matthew Boice 1, David Buetzow 1, Jim Falvo 1, Donna Stark Fox 1, Paul Fox 1, Bill Galvin 1, Paul Gerlach 1, John Gula 1, Ben Holste 1, Mary Ann Justham 1, Adrienne Davis Kelly 1, Richard Kemper 1, Tom Kosmala 1, David Levin 1, Cak Marshall 1, Gary McKeever 1, Victoria Moule 1, Rich Pantaleo 1, Robert Rossi 1, Marc Tourre 1, Regis Vrana 1, Jane Wall 1, Susan Watkins 1, Jerry Black 2, David Hetrick 2, Ronald Hill 2, Sheryl May 2, Mary Lynne Peters 2, Robert Reid 2, Kathleen Thumpston 2, Rebecca Blashock 3, Kathryn Larimer 3, Scott Salser 3, Jack Scandrett 3, Darla Burket 4, David Cree 4, William Croissant 4, Jeffrey Dent 4, Robert Drafall 4, John Feigh 4, John Kovalchik 4, Dan Meredith 4, Joanne Rutkowski 4, William Speakman 4, Louise Victor 4, Richard Victor 4, Michael Wasilko 4, Edwin Arnold 5, David Barron 5, Elizabeth Barron 5, Lori Cole 5, Ada Jean Hoffman 4, Toni Keefer 5, Lori Luurtsema 5, Ken Phillips 5, Vincent Sanzotti 5, James Scanga 5, Dane Skroupa 5, Harding Whitacre 5, Brenda Williams 5, Andrew Yaraes 5, Tom Zumpella 5, Elizabeth Good 6, Greg Maiocco 6, Martha Miller 6, Paul Walker 6, Carl Barr 7, Carey Crumling 7, Venona Detrick 7, John Devorick 7, Sue Dieffenbach 7, Ronald Eshleman 7, Joyce Gerstenlauer 7, Kim Hannigan 7, Estelle Hartranft 7, Clarence Hodges 7, Herm Hoppole 7, Priscilla Howard 7, Otis Kitchen 7, Brian Klinger 7, Galen Leitzel 7, Linda M. Lewis 7, Mary Loyer 7, Diane Maclay 7, Anne Moul 7, Brian Moul 7, Bill Powers 7, Robert Rhine 7, Dave Rohrer 7, David Sheaffer 7, Karl Steger 7, Marie Weber 7, Kathleen Yeater 7, Don Butz 8, Richard Coulter 8, Ted DiCola 8, Mark Jelinek 8, Leatha Kieser 8, Coleen Renshaw 8, Ronald Wasser 8, Norman Campbell 9, Todd Hunter 9, William Pendziwiatr 9, David Swinehart 9, Michael Buterbaugh 10, Betsy Buzzelli-Clark 10, Ron DeGrandis 10, Ronald Haas 10, Daniel Kershetsky 10, Terri Lundberg 10, Carole Lutte 10, Cynthia Miller-Aungst 10, Michael Norris 10, John Potlunas 10, Jim Seidel 10, John D'Ascenzo 11, Joanne Dieterly 11, Mark Edwards 11, Karol Mannherz 11, Bret Mascaro 11, William Naydan 11, Charles Neidhardt 11, William Ricketts 11, Jeff Twiford 11, Susan Uzelmeier 11, R. Leland Wesner, Jr. 11, Pat Bove 12, Arthur Chodoroff 12, Folkert Kadyk 12, Michael Martin 12, Richard Merrell 12, Richard S. Miller 12, Joyce Prichard 12, Nancy Schelkopf 12, Anne Sprissler 12, Lillian Stead 12, Bonnie Strang 12, Stephen Willis 12, Janet Yamron 12

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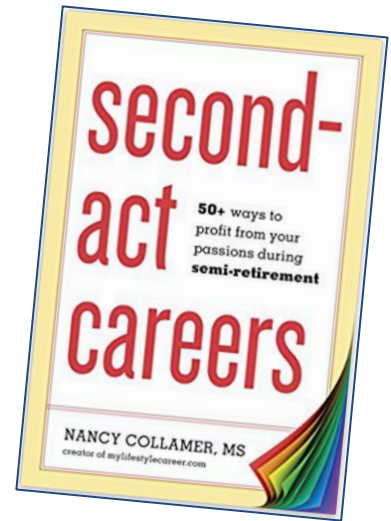


Book-of-the-month: *Second-Act Careers*

by Nancy Collamer, creator of <https://www.mylifestylecareer.com/>

During most of my sessions for retired and soon-to-retire members, I briefly bring up (and mangle) a past movie title starring Clint Eastwood, to symbolize the **types of retirees**:

- **"The Good"** - people who do not see themselves as retired, just leaving a full-time job of public-school music teaching, and moving on to new goals, employment, and/or volunteer work.
- **"The Very Good"** - people who know they are retired, are relieved from the stress of day-to-day employment, and now feel ready to fill and complete new "bucket lists," spend more time with family, travel, and hobbies, and perhaps even explore several new areas/levels/skills in music and education.
- And **"The Ugly"** - people who know they are retired, are happy to leave the profession, and want nothing to do with any part of PMEA, music or education.



I believe I am in that second group, still serving in PMEA and "being as active as I want" by conducting a community/youth orchestra on Saturdays and announcing halftimes for my marching band. However, this book seems to be primarily for that first group, or anyone who wants to explore their \$\$\$ options for what has been referred to as "renewment," "second beginnings," or "new chapter." Many from "The Good" category don't even notice they're retired, and they march right into a career in higher education, tourism/travel, or other field of music industry. There is a lot to consume here:

Back cover: For many people, retirement is no longer a trifecta of golf, grandkids, and gardening - it's an opportunity for new pursuits that involve both earning income and exploring personal passions. If you're planning for retirement or already at "retirement age" but want to continue working - whether to supplement your income or to stay mentally and physically active - veteran career coach Nancy Collamer shows how to identify your favorite interests and expertise and repackage them into more than 50 ways to earn income.

Collamer sets the stage in her Introduction: *When I told people that I was writing a book about semi-retirement careers, I wasn't quite sure if people would understand what I meant. After all, by definition, "working during retirement" is an oxymoron. But I quickly found out that people weren't the least bit confused. In fact, not only were they not confused, but their reaction was also genuinely enthusiastic. It didn't take me long to realize that I was on to something important, and once word about the book spread, I started to receive a surprising number of calls from people asking, "Are you looking for people to interview? Because if you are, I know just the person you need to talk to."*

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Her perspective? Although the outlook for some in the traditional job market continues to be challenging, the future for "baby boomers" who want to pursue flexible and entrepreneurial work looks very promising, citing the following trends (her quotes):

- Technology has completely revolutionized how, where, and when we work.
- The options for flexible employment have improved and diversified.
- The costs of running your own business have decreased dramatically, and the global reach of the Internet has made it possible to sell to anyone, anytime, anywhere.
- We are fast becoming a nation of freelance workers...
- The Internet provides us unlimited access to information and training 24 hours a day.

This book is unique and probably not for everyone! Here are the chapters "in a nutshell."

Part One: 50+ ways to generate income in semi-retirement

1. Build income from your expertise
2. Create an information empire
3. Start a small service business
4. Pursue a business-in-a-box opportunity
5. Trade your time for a paycheck
6. Making a living while making a difference
7. Get paid to travel
8. Ten reinvention lessons learned

Part Two: Creating a second-act career

9. Envision the life you want
10. Look to the past for clues to your future
11. Ask, analyze, and assess
12. Research the world of possibilities
13. Try it out!



Indeed, if you think you might like to "try it out," look at <https://www.mylifestylecareer.com/>.



Page turner or music critic?

Weimaraner "Neda" and Dick Merrell



Join us and bring your family to the PMEA Summer Conference July 16-17, 2019 at the Red Lion Hotel Harrisburg/Hershey

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PMEA Retired Member Network eNEWS: June 6, 2019

by Paul K. Fox, PMEA Retired Members Coordinator

Pennsylvania Music Educators Association Retired Members

Page 7 of 7

Design Your Ideal Retirement – Download “the best” retiree workshop handout

Thanks to the generosity of Dave Hughes, guest speaker at the PMEA 2019 Spring Conference

<https://www.pmea.net/wp-content/uploads/2019/05/Design-Your-Ideal-Retirement-by-Dave-Hughes.pdf>

CODA/FINE: It’s time to renew your PMEA membership!

Thank you for your support!

If you have not seen it yet, look for an electronic notice to be sent out soon for the 2019-2020 dues.

Renewing membership in NafME/PMEA continues to a “best buy” and great deal!

Your discounted rate is:

NafME and PMEA = \$66

PMEA-only = \$30

PMEA staff members are in the process of transitioning to a new online membership portal. However, you may join or renew anytime using the PMEA 2019-20 PDF

Membership Form:

<https://www.pmea.net/wp-content/uploads/2019/03/2019-20-PMEA-Membership-PDF.pdf>

This form can be scanned to info@pmea.net or printed and mailed with payment to:

PMEA

56 South Third Street

Hamburg, Pennsylvania 19526

Assess
Collaborate
Transition
Inform
Validate
Advocate
Train
Engage



ACTIVATE PMEA Retired Members



GOALS OF PMEA: **A**ssess the needs and interests of PMEA Retired Members. **C**ollaborate on various new projects and programs. Help soon-to- retire members to **T**ransition the passage to a happy and healthy retirement. **I**nform them of news and happenings from PMEA and its retirees and active members. **V**alidate and archive their contributions to the profession. **A**dvocate for them and their views and goals. **T**rain them towards meaningful self-reinvention and personal growth. **E**ngage them to continue “making a difference” in PMEA and the music education profession.

Number of PMEA Retired Members = 362 (as of 3/1/19)
Number of PMEA Retiree Resource Registry participants = 137

Happy trails, retirees! Please keep in touch and **send me those photos!** PKF

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