



## INDEX: **Links to Resources** January 15, 2019 revision

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Page 1 of 10

### **Categories:**

- **Avoiding Burnout and Fostering Teacher Resilience and Retention**
- **Goal-Setting**
- **Job Searching, Personal Branding, Marketing, Interviewing, and Networking Skills**
- **Mentoring**
- **Music Lesson Plans, Class Activities, Materials, Assessments, and Other Best Practices**
- **Pre-College HS Student Training to Become a Music Education Major**
- **Recruitment of Teachers**
- **Retirement**
- **Teacher Training (Collegiate/Pre-Service/First-Year)**
- **Time and Class Management**

*(Feel free to submit additional resources by category via email to [paulkfox.usc@gmail.com](mailto:paulkfox.usc@gmail.com))*

### **Avoiding Burnout and Fostering Teacher Resilience and Retention**

“12 Ways Teachers Can Build Their Own Resilience” by Jennifer Gonzalez

<https://www.cultofpedagogy.com/resilience/>

“5 Tips for Avoiding Teacher Burnout” by Mary Beth Hertz <https://www.edutopia.org/blog/5-tips-avoiding-teacher-burnout-mary-beth-hertz>

“Battling Burnout – Actions You Can Take Today to Ensure You’ll Still Love Teaching Tomorrow” by Elisa Janson Jones <https://www.youtube.com/watch?v=R3s9v2A9-1M>

“Factors Influencing Music Teacher Retention: A Mixed Method Study by Charles Cushinery <https://pdfs.semanticscholar.org/f483/f59da294c0275733239f680a23fae6041816.pdf>

“Feeling a Bit Overwhelmed?” by Audrey Carballo <https://nafme.org/feeling-bit-overwhelmed/>

“Preventing Teacher Stress and Burnout This Spring” by Maria Stefanova Mar <https://nafme.org/preventing-teacher-stress-burnout-spring/>

“Profile of a Career Music Educator” by Vicki Baker <http://files.eric.ed.gov/fulltext/EJ1102259.pdf>

“Reducing Music Teacher Turnover and Its Consequences” by Sung Kim and David Barg <https://www.bu.edu/muedpolicyproject/brief2.pdf>



## INDEX: **Links to Resources**      January 15, 2019 revision

Paul K. Fox, Chair

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[paulkfox.usc@gmail.com](mailto:paulkfox.usc@gmail.com)

Page 2 of 10

### **Avoiding Burnout and Fostering Teacher Resilience and Retention** *(continued)*

“Simple Tips for Boosting Teacher Resilience” by Elena Aguilar

<https://www.edutopia.org/article/simple-tips-boosting-teacher-resilience>

“Six Signs of – and Solutions for – Teacher Burnout” by Wendi Pillars

<https://www.edweek.org/tm/articles/2014/05/20/ctq-pillars-signs-of-solutions-for-burnout.html>

“Teacher Burnout Is Real – 4 Ways to Avoid It” by Franchesca Warren

[https://www.huffingtonpost.com/franchesca-warren/teacher-burnout\\_b\\_5401551.html](https://www.huffingtonpost.com/franchesca-warren/teacher-burnout_b_5401551.html)

“Teacher Burnout is Real – Signs and How to Avoid It” by Franchesca Warren

<https://nafme.org/teacher-burnout-is-real-signs-and-how-to-avoid-it/>

“Teacher: The Day I Knew for Sure I Was Burned Out” by Valerie Strauss

[https://www.washingtonpost.com/news/answer-sheet/wp/2014/12/12/teacher-the-day-i-knew-for-sure-i-was-burned-out/?noredirect=on&utm\\_term=.f88cc6e624ad](https://www.washingtonpost.com/news/answer-sheet/wp/2014/12/12/teacher-the-day-i-knew-for-sure-i-was-burned-out/?noredirect=on&utm_term=.f88cc6e624ad)

“Teachers: Move On Before You Burn Out” by Heather Wolpert-Gawron

<https://www.edutopia.org/blog/teachers-moving-you-burn-out-heather-wolpert-gawron>

### **Goal-Setting**

“Music Ed Mentor Podcast #14: New Year’s Resolutions” by Elisa Janson Jones

<https://www.smartmusic.com/blog/music-ed-mentor-podcast-014-new-years-resolutions/>

“My Teacher New Year’s Resolutions” by Trevor Muir

<https://www.youtube.com/watch?v=h1Zu2JpP8mU>

“New Year’s Resolutions for Music Teachers” by Chris Bernotas

<https://alfredledgerlines.wordpress.com/2017/12/27/new-years-resolutions-for-music-teachers/>

“Philosophy + Advocacy = Success” by Kevin Tutt and Marc Townley

<https://nafme.org/philosophy-advocacy-success/>



## INDEX: **Links to Resources**      January 15, 2019 revision

Paul K. Fox, Chair

Teri Myers, Co-Chair

[paulkfox.usc@gmail.com](mailto:paulkfox.usc@gmail.com)

Page 3 of 10

### **Job Searching, Personal Branding, Marketing, Interviewing, and Networking Skills**

“7 Things Music Education Majors Can Do When Facing the Job Market” (Majoring in Music)  
<https://majoringinmusic.com/7-things-music-education-majors-can-do-make-themselves-more-employable-2/>

“Blueprint for Success – Preparing for the Job Interview” by Paul K. Fox  
<https://community.nafme.org/blogs/paul-fox/2018/05/20/blue-print-for-success-preparing-for-the-job-inter>

“The Do’s and Don’ts of Interviewing” by Paul K. Fox  
<https://paulkfoxusc.wordpress.com/2015/10/11/the-dos-and-donts-of-interviewing/>

“Finding Your First Music Teaching Job” by Kevin Brady <https://majoringinmusic.com/finding-first-music-teaching-job/>

“How to Rock That Teaching Job Interview” by Heather Wolpert-Gawron  
<https://www.edutopia.org/blog/rock-teaching-job-interview-heather-wolpert-gawron>

“Tips for Music Teacher Job Interviews” by Paul K. Fox <https://majoringinmusic.com/music-teacher-job-interviews/>

### **Mentoring**

“Embracing and Educating the New Music Educator” by Mary Correla  
<https://nafme.org/embracing-and-mentoring-the-new-music-educator/>

“Friendship as Mentorship – Colleagues Can Be Your Best Resource Professionally and Personally” by Lori Schwartz Reichl <https://nafme.org/friendship-as-mentorship/>

“How My Mentor Saved My Professional Life” by Chris Gleason <https://nafme.org/mentor-saved-professional-life/>

“I Have to Write in Music? Showing School-Wide Support While Maintaining Your Own Program” by Michelle Ewer <https://nafme.org/i-have-to-write-in-music/>

“Mentoring New Music Teachers for Lifelong Success in the Profession” by Michael D. Stone  
<https://nafme.org/mentoring-new-music-teachers-lifelong-success-profession/>



## INDEX: **Links to Resources** January 15, 2019 revision

Paul K. Fox, Chair

Teri Myers, Co-Chair

[paulkfox.usc@gmail.com](mailto:paulkfox.usc@gmail.com)

Page 4 of 10

### **Mentoring** *(continued)*

“Supporting Music Education: Helping Teachers Succeed” (NAfME Music Achievement Council)  
<https://nafme.org/my-classroom/music-achievement-council-resources-educators/supporting-music-education-helping-teachers-succeed/>

### **Music Lesson Plans, Class Activities, Materials, Assessments, and Other Best Practices**

*(Highlights from the Pennsylvania Department of Education’s Standards-Aligned-Systems Arts and Humanities Learning Community “Content Repository” – thanks to O. David Deitz)*

“Arts Assessment for Learning – Music” (Artful Learning Communities)  
<http://artsassessmentforlearning.org/music/>

“Arts Education Partnership Publications” <https://www.aep-arts.org/publications/>

“Assessing the Multitudes in General Music” by Dr. Rebecca Birnie  
<https://nafme.org/strategies-connecting-assessing-multitudes-general-music/>

“Classics for Kids: Composer-Based Listening Lesson Plans”  
<https://www.classicsforkids.com/teachers.html>

“Dallas Symphony Orchestra for Kids” <https://www.mydso.com/dso-kids/>

“Educational Technology and Mobile Learning”  
<https://www.educatorstechnology.com/2018/11/mac-apps-for-music-teachers.html>

“Hispanic Heritage Music Resource Page” <https://www.teachervision.com/holidays/hispanic-heritage-month>

“Jazz in America: Theolonius Monk Institute of Jazz” <http://www.jazzinamerica.org/>

“Jazz: The Red Hot Jazz Archive (pre-1930)” <http://www.redhotjazz.com/>

“Kennedy Center Digital Education Resources” (ArtsEdge) <https://artsedge.kennedy-center.org/educators.aspx>

“Michigan Arts Education Instruction and Assessment” <https://maeia-artsednetwork.org/model-assessments/>



## INDEX: **Links to Resources** January 15, 2019 revision

Paul K. Fox, Chair

Teri Myers, Co-Chair

[paulkfox.usc@gmail.com](mailto:paulkfox.usc@gmail.com)

Page 5 of 10

### **Music Lesson Plans, Class Activities, Materials, Assessments, and Other Best Practices** (continued)

“Music Educators Toolbox” (Carnegie-Hall)

<https://www.carnegiehall.org/Education/Educators/Music-Educators-Toolbox>

“Music K-8 Dis Fun Stuff” <https://www.musick8kids.com/kidtunes/browsemusic.php>

“Music Rack: SheetMusicOnline Education Resources”

<http://www.sheetmusic1.com/music.rack.html>

“Music Tech Teacher” <http://www.musictechteacher.com/>

“Music Theory: Lessons, Exercises, and Tools” <https://www.musictheory.net/>

“National Core Arts Standards” <https://www.nationalartsstandards.org/>

“New York Philharmonic KidZone” <http://www.nyphilkids.org/>

“PA Curriculum Framework – Music”

<https://www.pdesas.org/oddeitz/2017/1/6/671417/file.aspx>

“San Francisco Symphony Kids: Fun and Games with Music” <http://www.sfskids.org/>

“Opera: Then and Now” <http://operathenandnow.wixsite.com/home>

“Sight Reading Factory” <https://www.sightreadingfactory.com/>

“Using Technology Tools for Assessment in the Ensemble Setting” by Melissa Clark

<https://www.pdesas.org/oddeitz/2017/1/19/672775/file.aspx>

### **Pre-College HS Student Training to Become a Music Education Major**

“Become a Music Teacher” by Keith Hancock <https://www.careersinmusic.com/music-teacher/>

“How to Become a Music Teacher” <https://www.wikihow.com/Become-a-Music-Teacher>

“Music College and Career Choices” by Kristen Rencher <https://nafme.org/music-college-and-career-resources/>



## INDEX: **Links to Resources** January 15, 2019 revision

Paul K. Fox, Chair

Teri Myers, Co-Chair

[paulkfox.usc@gmail.com](mailto:paulkfox.usc@gmail.com)

Page 6 of 10

### **Pre-College HS Student Training to Become a Music Education Major** *(continued)*

“Preparing for a Career in Music Education” by Edward Reisert

<https://auditioningforcollege.com/2011/11/07/guest-article-preparing-for-a-career-in-music-education/>

“Preparing to Be a College Music Major” by Tom Hynes <https://majoringinmusic.com/prepare-to-be-a-college-music-major/>

“Resources for Prospective HS Students to Become Music Educators” by PMEA Council TTRR <https://www.pmea.net/wp-content/uploads/2018/06/Council-TTRR-Resources-for-Prospective-HS-Students-Planning-to-Become-Music-Educators.pdf>

“So You Have a Student Who Wants to Follow in Our Footsteps” by the PMEA Council TTRR <https://www.pmea.net/wp-content/uploads/2018/06/So-You-Have-a-Student-Who-Wants-to-Follow-in-Our-Footsteps-small-042018.pdf>

“So You Want to Be a Music Education Major” by the PMEA Council TTRR <https://www.pmea.net/wp-content/uploads/2018/06/So-You-Want-to-Be-a-Music-Education-Major-060618s.pdf>

“So You Want to Become a Music Major” by George Curfman, Scott Eggert, Cynthia Folio, Colleen Ludeker, and Jane Pippart-Brown <https://www.pmea.net/wp-content/uploads/2018/06/So-You-Want-To-Be-a-Music-Major.pdf>

“Supporting Music Education – Choose to Teach” by NAFME Music Achievement Council Resources for Educators <https://nafme.org/my-classroom/music-achievement-council-resources-educators/supporting-music-education-choose-teach/>

### **Recruitment of Teachers**

“Career Center” (NAfME) <https://careers.nafme.org/>

“PMEA Job Board” <https://www.pmea.net/job-board/>

“Research Spotlight on Recruitment and Retention” (NEA) <http://www.nea.org/tools/16977.htm>



## INDEX: **Links to Resources**     January 15, 2019 revision

Paul K. Fox, Chair

Teri Myers, Co-Chair

[paulkfox.usc@gmail.com](mailto:paulkfox.usc@gmail.com)

Page 7 of 10

### **Recruitment of Teachers** *(continued)*

“Rethinking Teacher Recruitment” by Zachary Herrmann

<http://www.ascd.org/publications/educational-leadership/may18/vol75/num08/Rethinking-Teacher-Recruitment.aspx>

“Supporting Music Education: Choose to Teach” by Dorothy Jacobi (NAMM)

<https://www.nammfoundation.org/educator-tips/supporting-music-education-choose-teach>

“Teacher Recruitment” facilitated by Wesley Brewer (Society for Music Teacher Education)

<http://smte.us/aspas/teacher-recruitment/>

“Teacher Recruitment and Retention: It’s Complicated” by Debra Vladero

<https://www.edweek.org/ew/articles/2018/01/24/teaching-shortages-many-answers-for-a-complex.html>

“Why I Became a Teacher” Music Lured Me Into the Profession” by Liz Mummery interviewed by Emily Drabble <https://www.theguardian.com/teacher-network/teacher-blog/2013/jan/06/teaching-music-becoming-a-teacher>

### **Retirement**

“Countdown to a Smooth and Satisfying Retirement” by Paul K. Fox

<https://nafme.org/countdown-smooth-satisfying-retirement/>

“For Retirees” by Paul K. Fox <https://paulkfoxusc.wordpress.com/for-retirees/>

“How to Determine When to Retire from Teaching” by Tom Mellish

<http://info.retiredteachers.org/blog/how-to-determine-when-to-retire-from-teaching>

“Making It Work: Transitioning Into Retirement” by Marcia Working

<https://teachingwithorff.com/making-it-work-retirement/>

“Retirement... It’s a Private Matter” by Paul K. Fox <https://nafme.org/retirement-private-matter/>

“Surviving and Reveling in Retirement” by Paul K. Fox <https://nafme.org/surviving-and-reveling-in-retirement/>



## INDEX: **Links to Resources**      January 15, 2019 revision

Paul K. Fox, Chair

Teri Myers, Co-Chair

[paulkfox.usc@gmail.com](mailto:paulkfox.usc@gmail.com)

Page 8 of 10

### **Retirement** *(continued)*

“Tips for Retirees and Soon-to-Retire Music Teachers” by Paul K. Fox

<https://community.nafme.org/blogs/paul-fox/2018/06/06/tips-for-retirees-and-soon-to-retire-music-teacher>

“The Top Retirement Strategies for Teachers” by Amy Fontinelle

<https://www.investopedia.com/articles/personal-finance/112914/top-retirement-strategies-teachers.asp>

### **Teacher Training (Collegiate/Pre-Service/First-Year)**

*(Also review “Job Searching...” above and “Time and Classroom Management” below)*

“7 Things They Don’t Teach Music Education Majors [That You’ll Wish They Had]” by Elisa Jones

<https://nafme.org/7-things-dont-teach-music-education-majors-youll-wish/>

“10 Teaching Tips for New Music Teachers” by Michael Attaway

<http://www.providencebrass.com/2013/08/20/10-teaching-tips-for-new-music-teachers/>

“A Few Easy Ways to Deal with Your Students’ Parents” by Audrey Carballo

<https://nafme.org/easy-ways-deal-students-parents/>

“Advice for 1st-Year Teachers” by Kevin Lynch <https://nafme.org/advice-for-first-year-teachers/>

“Becoming a Music Educator” by Paul K. Fox <https://paulkfoxusc.wordpress.com/becoming-a-music-educator/>

“Clever Music Teacher Hacks That Will Make Your Year Amazing” by Wendy Higdon

<https://nafme.org/clever-music-teacher-hacks-will-make-year-amazing/>

“The First Year: Practical Advice for Surviving and Thriving in Your First Music Classroom” by Sara Francis

<https://nafme.org/tips-for-new-music-teachers/>

“Getting the Most Out of Music Conferences” by Paul K. Fox

<https://majoringinmusic.com/music-conferences/>

“Happy Thanksgiving, New Teachers” by Paul K. Fox <https://nafme.org/happy-thanksgiving-new-teachers/>



## INDEX: Links to Resources

January 15, 2019 revision

Paul K. Fox, Chair

Teri Myers, Co-Chair

[paulkfox.usc@gmail.com](mailto:paulkfox.usc@gmail.com)

Page 9 of 10

### Teacher Training (Collegiate/Pre-Service/First-Year) *(continued)*

“Making the Transition from Student to Teacher” by Elizabeth Heist

<https://musicedhighlights.wordpress.com/category/student-teaching-advice/>

“Music Education: A Balancing Act” by Robert Franzblau <https://majoringinmusic.com/music-education/>

“The One Thing Every New Music Teacher Should Know” by Audrey Carballo

<https://nafme.org/one-thing-every-new-music-teacher-know/>

“Our Thirty Best Tips for Student Teachers” by Genia Connell

[https://www.scholastic.com/content/dam/teachers/blogs/genia-connell/migrated-files/student\\_teacher\\_tips.pdf](https://www.scholastic.com/content/dam/teachers/blogs/genia-connell/migrated-files/student_teacher_tips.pdf)

“Partnership for Music Teacher Excellence: A Guide for Cooperating Teachers, Student Teachers, and University Supervisors,” Penn State University Music Education Faculty:

Ann Clements, Robert Gardner, Steven Hankle, Darrin Thornton, Linda Thornton, Sarah Watts

[https://music.psu.edu/sites/music.psu.edu/files/music\\_education/pmte-student\\_teaching\\_handbook.pdf](https://music.psu.edu/sites/music.psu.edu/files/music_education/pmte-student_teaching_handbook.pdf)

“Setting Priorities as a New Teacher” by Beth Pandolpho and Mark Wise

<https://www.edutopia.org/article/setting-priorities-new-teacher>

“Student Teaching in Music: Tips for a Successful Experience,” Blair Chadwick and Dr.

Johnathan Vest

<https://www.utm.edu/departments/musiced/docs/NAfME%20%20Student%20Teaching%20in%20Music.pptx>

“Teaching Music in Inner-City Schools” by Nitasha Maindiratta

<https://majoringinmusic.com/teaching-music-inner-city-schools/>

“Ten Tips for New Music Teachers” by Aileen Miracle

<https://www.mrsmiraclesmusicroom.com/2016/07/ten-tips-for-new-music-teachers.html>

“What Advice Would You Give to Student Teachers” by Jennifer Gonzalez

<https://www.cultofpedagogy.com/student-teaching/>



## INDEX: **Links to Resources**      January 15, 2019 revision

Paul K. Fox, Chair

Teri Myers, Co-Chair

[paulkfox.usc@gmail.com](mailto:paulkfox.usc@gmail.com)

Page 10 of 10

### **Time and Classroom Management**

“4 Time Management Tips to Combat the Spring Slump” by Emily Schwartz

<https://nafme.org/4-time-management-tips-to-combat-the-spring-slump/>

“Classroom and Time Management Tips” by Gretta Sandberg, Dennis Granlie, Judy Voois, Jim Frankel, and Sharon Burch <https://nafme.org/classroom-and-time-management-tips-2/>

“Classroom Management: More Than a Bag of Tricks” by Bridget James

<https://nafme.org/classroom-management-more-than-a-bag-of-tricks/>

“Classroom Management Tips for Student Teachers” by Angela Watson

<https://thecornerstoneforteachers.com/student-teachers/>

“Getting Your To-Do List Under Control by Marissa King

<https://www.edutopia.org/article/getting-your-do-list-under-control>

“Help! How Does One Keep Up? Time, Task, and Media Management for Pre-Service/New Music Educators by Paul K. Fox <https://nafme.org/help-one-keep/>

“How to Optimize Your Time: 3 Time Management Tips for Teachers” by Maria Stefanova Mar

<https://nafme.org/optimize-time-3-time-management-tips-teachers/>

“In Co-Planning, Scheduling Is Just the Tip of the Iceberg” by Stacey Pylman

<https://www.kapponline.org/co-planning-teacher-mentoring-scheduling-pylman/>

“Six Music Classroom Management Strategies – Simple Ways to Keep Your Classroom Running Efficiently” by Rachel Maxwell and Jessica Corry <https://nafme.org/six-music-classroom-management-strategies/>

“Three Easy Steps to Classroom Discipline” by Audrey Carballo <https://nafme.org/three-easy-steps-classroom-discipline/>

“Time Management = Class Management” by Gretta Sandburg <https://nafme.org/time-management-class-management/>