



Welcome to **eNEWS**, the **PMEA Retired Member Network**... an informal alliance and forum for interconnecting retired music educators, and sharing their ideas, stories, successes, news, and views. Thank you for staying involved in PMEA and our profession!

Retired Members inducted into Class of 2017 PMEA Hall-of-Fame

Congratulations and BRAVO go to four special PMEA retirees who were recognized for making a lasting impact on their students, schools, and communities. With > 138 years of combined service to the profession, these individuals were honored in a ceremony at the PMEA Awards Breakfast on April 22, 2017 at the PMEA Spring Conference in Erie, PA:

- **Michael Bodolosky** (retired from Richland School District)
- **James Dunlop** (deceased, retired from Penn State University)
- **James Falvo** (retired from Canon McMillan School District)
- **Fran Nesta** (retired from Keystone School District)



Michael Bodolosky



James Falvo



Fran Nesta (left) with Dennis Emert

Random retirement quotes...

"Retiring from work can be one of the best times of your life... While you may retire from a job, never retire from living life to the fullest!" — Catherine Pulsifer <http://www.wow4u.com/retirement/>

"We have no porch, no rocking chair - and no time. My biggest need is a calendar because there are so many things to do. Now I encourage people to retire - the younger the better."
— Maurice Musholt

"My father taught me to work, but not to love it. I never did like to work, and I don't deny it. I'd rather read, tell stories, crack jokes, talk, laugh - anything but work." — Abraham Lincoln

"It is not correct to say that life is moving, but life is movement itself." — Walpola Rahula





May “on liners” and “one-liners”

Courtesy of “Will and Guy’s Clean Jokes” for May: http://www.guy-sports.com/months/index_may.htm

In my day...

- Grass was mowed,
- Coke was a cold drink,
- Pot was something your mother cooked in, &
- Rock music was your grandmother's lullaby?
- Aids were helpers in the Principal's office?
- Chip meant a piece of wood,
- Hardware was found in a hardware store, &
- Software wasn't even a word.

Silly book titles:

- *The Dogs' Dinner* by Nora Bone
- *The Cliff Tragedy* by Eileen Dover
- *French Windows* by Pattie O'Dors
- *Forestry* by Teresa Green
- *Olympic Games* by Arthur Letics
- *How to Make Honey* by B. Keeper
- *Easy Money* by Robyn Banks
- *Gunfire* by R. Tillery
- *Long Walk* by Miss D. Buss

Funny newspaper headlines:

- Something Went Wrong in Plane Crash, Expert Says
- Cold Wave Linked to Temperatures
- Typhoon Rips Through Cemetery; Hundreds Dead
- Panda Mating Fails; Veterinarian Takes Over
[What a man!]
- Juvenile Court to Try Shooting Defendant
- War Dims Hope for Peace

Quotations from Old Sages

Knowledge comes, but wisdom lingers.
Alfred Lord Tennyson

Art is science made clear.
Jean Cocteau

The best way to become acquainted with a subject is to write a book about it.
Benjamin Disraeli

Politics is not the art of the possible. It consists in choosing between the disastrous and the unpalatable.
John Kenneth Galbraith

The ability to delude yourself may be an important survival tool.
Jane Wagner

Journalists were interviewing Molly Holderness, a 103-year-old woman, “Tell us, Mrs. Holderness, what do you think is the best thing about being 103?” the reporter asked.

Molly smiled and looked straight at the reporter and simply replied, “No peer pressure.”





Urban Music Leadership Conference



The 22nd **Urban Music Leadership Conference** will be held on October 26-28, 2017 in the Sheraton Norfolk Waterside Hotel. Hosted by Danielle Roby, Senior Coordinator of Music in the Norfolk Public Schools, the annual event will offer insightful presentations, performances, and touring of music classrooms and schools featuring the NPS.

The Urban Music Leadership Conference (UMLC) was founded in 1995 by a group of district music administrators, supervisors, fine arts directors and fine & performing arts teachers. UMLC meets annually and is intensely focused on the needs and concerns of urban school district music programs. Participants find great value in the sharing of successes and challenges through formal presentations, informal conversations and observations. Throughout the conference, there will be opportunities for the almost 100 participants to gather in small groups to share experiences, ideas, plans, and engage in collegial exchanges with professionals of similar focus. PMEA District 1 Retired Member **Adrienne Davis Kelly** serves as the UMLC National Chair.



Just a few more... bizarre and unique May holidays

Courtesy of Holiday Insights: <http://www.holidayinsights.com/moreholidays/may.htm>

- 1 Mother Goose Day
- 3 Lumpy Rug Day
- 4 Star Wars Day
- 5 International Tuba Day (first Friday in May)
- 6 No Diet Day
- 8 No Socks Day
- 9 Lost Sock Memorial Day
- 9 National Teachers Day (Tuesday of the first full week in May)
- 13 Blame Someone Else Day
- 14 Dance Like a Chicken Day
- 16 Love a Tree and Wear Purple for Peace Day
- 22 Buy a Musical Instrument Day
- 25 Tap Dance Day
- 27 International Jazz Day (Saturday of Memorial Day weekend)
- 31 Save Your Hearing Day

Paul K. Fox
1564 Hastings Mill Road, Pittsburgh, PA 15241
(412) 596-7937 or (412) 854-3459
paulkfox.usc@gmail.com <https://paulkfoxusc.wordpress.com/>





PMEA Retired Member Network eNEWS: May 4, 2017

by Paul K. Fox, PMEA Retired Members Coordinator

Page 4 of 6

Rubbing it in...

If you missed the *PMEA Spring Conference*, it's time for me to make you a little jealous. The *Bayfront Erie Courtyard Marriott* accidentally gave away my room reservation, so I was offered the "sunset suite" (usually costing about \$700/night during the summer).



Here were the panoramic views from my room...

Needless to say, I had a GREAT time!



For giving back to the profession, retirees... it's YOUR move!

Signing up for the *Retiree Resource Registry* archives your previous and current job assignments, accomplishments, awards, and interests, while providing a list of very willing and capable advisers, consultants, and informal mentors to new or needy music teachers. To join this prestigious "who's who" of retired music educators, go to <https://pmea.wufoo.com/forms/pmea-retiree-resource-survey/>.



If you meet another retiree who is not a member of our association, share the following, *The Benefits and Goals of PMEA Retired Membership* or "What's in it for me!" <http://www.pmea.net/wp-content/uploads/2017/04/PMEA-and-Retired-Membership-1.pdf>.

From the PA Arts Education Network – Have you seen this?

"Pennsylvania Arts Education Network Policy Agenda"

<http://www.artseducationpa.org/about-the-network/pennsylvania-arts-education-network-policy-agenda/>

All Pennsylvania students, to succeed in school, work, and life, need creativity, critical thinking, cognition, collaboration, cross-cultural understanding, and communication skills. The Commonwealth, in order to grow a competitive, innovation-based economy and foster vibrant, inclusive communities, needs to prepare all students to be successful 21st Century citizens. The Network advocates for the following policy recommendations which will provide a rigorous arts education for all students."

[Adopted by PAEN Steering Committee - April 2017]

Read the entire article (link above).



Paul K. Fox
1564 Hastings Mill Road, Pittsburgh, PA 15241
(412) 596-7937 or (412) 854-3459
paulkfox.usc@gmail.com <https://paulkfoxusc.wordpress.com/>





Book review *Shifting Gears...*

<http://shiftinggearstoyourlifeandworkafterretirement.com/>

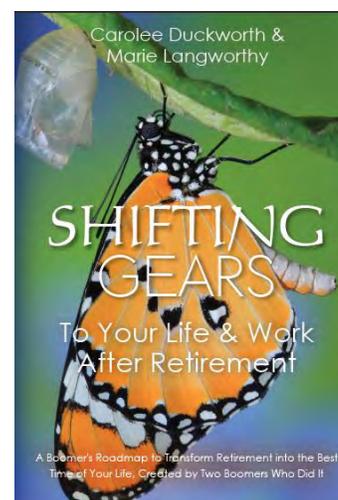
Although published in 2013 (coincidentally, the year of my retirement!), I just found and "cracked open" an excellent new book, *Shifting Gears to Your Life & Work After Retirement* by Dr. Carolee Duckworth and Dr. Marie Langworthy... and I highly recommend it. On the cover, the authors boast that their 350+ page work is a "Boomer's roadmap to transform retirement into the best time of your life, created by two Boomers who did it!" Also, they claim that *Shifting Gears...* is a "call to action" on your own behalf to "jumpstart your newly invented personal and professional retirement - your Next Phase life and work." The publication is divided into the following contents:

Section I: Brave New World for Retirement

- Chapter 1 - Who Are We?
- Chapter 2 - Retirement Paradigm Shifts
- Chapter 3 - Boomer Retirement Landscapes & Timing

Section II: Step Process to Your New Work

- Chapter 4 - Step #1: Countdown
- Chapter 5 - Step #2: Expand Your Pathways
- Chapter 6 - Step #3: Reinvent Your SELF
- Chapter 7 - Step #4: Rediscover Your WORK
- Chapter 8 - Step #5: Make Your Match & Move



The final section dives into "Five New Retirement Options" including Work in Cyber Space, Work "Out There," Hire Yourself or "Partner Up," Work for "Us" - "Seniors Serving Seniors," and Work for FREE - But YOUR Way.

Most sources on transitioning retirement are "user-guides" or manuals that the chapters can be read in any order. However, I would suggest that Duckworth and Langworthy's contribution to this medium is a tutorial, and should be consumed in exact sequence.

Three interesting reads about "exiting" education and retiree philosophy...

The Music Teachers' Later Years: Reflections with Wisdom by Elizabeth Peterson

<http://www.meredithmusic.com/music-teachers-later-years-reflection-with-wisdom>

"Personal Reflections on Teaching" by Earl MacDonald

<http://www.npr.org/sections/ed/2015/03/28/395104736/saying-goodbye-reflections-of-a-music-teacher>

"Reflections on My Retirement" by Jerry Ziskind

<http://www.ziskind.com/writing-reflections-on-my-retirement-year-one.asp>

Paul K. Fox
1564 Hastings Mill Road, Pittsburgh, PA 15241
(412) 596-7937 or (412) 854-3459
paulkfox.usc@gmail.com <https://paulkfoxusc.wordpress.com/>





To keep you “in the loop...” – official PMEA business and “news”

- **The 2017 Music Advocacy Day** was held at the Harrisburg Capitol Building on March 20. Peruse the photos of Advocacy Day performers and speakers posted at <https://www.pmea.net/photos-from-the-2017-advocacy-day/>.
- The **PMEA Council for Teacher Training, Recruitment, and Retention (TTRR)** met on April 20 during the conference. Several motions were approved:
 - **Mission:** “The mission of the PMEA Council for Teacher Training, Recruitment, and Retention will be to discuss strategies and implement programs which support the life cycle of a music educator.”
 - **Purpose:** “The overarching purpose of PMEA Council of TTRR is the planning of meaningful projects and services for the involvement of future music teachers (high school and collegiate), first-year music educators (and those in the first five years), veteran teachers, mentors, department chairs, cooperating teachers, TRI-M and PCMEA members and leaders, Higher Education teachers, SMTE members, and retired members.”
 - **Committees** (goals to be refined and action plans developed):
 - **Training** of pre-service college students in incorporating the National Core Arts Standards, PDE SAS Portal, and PMEA Model Curriculum into instruction and assessment of learning. (Ryan Beeken, Teri Myers, and Darrin Thornton)
 - **Recruitment** of quality and engaged candidates to college music education programs. (Nora Burr ridge, Jonathan Helmick, Kathleen Melago, and Susan Metelsky)
 - **Retention** and engagement of urban, rural, minority, disadvantaged, and more diverse music teachers and students in the profession. (Steve Benham, Jonathan Helmick, Benjamin Snyder, and Darrin Thornton)



More highlights and thoughts from Gerontologist Ken Dychtwald

“From Baby Boom to Age Wave” at <http://agewave.com/>

- <http://agewave.com/watch-ken-dychtwald-explain-how-to-capitalize-on-the-longevity-marketplace-at-aarps-innovation50/>
- <http://www.huffingtonpost.com/entry/58a206abe4b0e172783a9f25?platform=hootsuite>
- <http://blogs.wsj.com/experts/2016/11/04/how-virtual-reality-can-boost-retirement-savings>
- <http://agewave.com/wp-content/uploads/2017/03/Thought-leaders-perspectives-low-res.pdf>

Happy trails, retirees. Please keep in touch! **Do you have any new or unusual hobbies for a future PMEA News article?** Please send me updates, too! PKF

Paul K. Fox
1564 Hastings Mill Road, Pittsburgh, PA 15241
(412) 596-7937 or (412) 854-3459
paulkfox.usc@gmail.com <https://paulkfoxusc.wordpress.com/>

