

Happy Boo-Day (Halloween) and welcome to the latest edition of **eNEWS** - the **PMEA Retired Member Network**... an informal alliance and forum for interconnecting retired music educators, and sharing their ideas, stories, successes, news, and views via this e-mail address. Thanks for staying involved in PMEA and our profession!



Three lessons from Halloween that can be applied to your retirement

by Jacob Gold (http://www.huffingtonpost.com/jacob-gold/three-lessons-from-hallow_b_4097887.html)
Excerpts from the October 14, 2013 *The Huffington Post*

1. **Lesson #1: Have a plan**
"Develop a plan to get you where you want to go — find your retirement rollerblades."
2. **Lesson #2: Pace yourself**
"You can make your savings grow and last even beyond your retirement."
3. **Lesson #3: Stick together**
"It's even more important to communicate with your family about your expectations, dreams and fears, and find a financial advisor to be by your side..."

Retirement is like Halloween

by Bill Del-Sette (<http://www.happinessinretirement.com/retirement-is-like-halloween/>)

1. **Both Halloween and Retirement Can Be Scary**
"What you're scared of is most likely an illusion, as retirement can be the most fulfilling chapter of your book of life."
2. **Both Halloween and Retirement Involve Assuming a New Identity**
"Your new retirement identity can be whatever you want it to be."
3. **Both Halloween and Retirement Involve Some Tricks**
"Retirement has its own set of tricks, like applying for social security, or working through the maze of tax and Medicare issues..."
4. **Both Halloween and Retirement Involve Treats!**
"For the prepared, retirement can be more fun than Halloween, full of treats year 'round."

Several "bat" (= bad) musical Halloween jokes... but safe for the grandkids

from <http://www.halloween.com/halloween-jokes-1.php>

What is a Mummy's favorite type of music? **Wrap!**

Where does a ghost go on Saturday night? **Anywhere he can BOO-gie.**

What instrument did the skeleton play? **Trom-BONE.**

What songs does Dracula hate? **"You Are My Sunshine" and "Sunshine on My Shoulders."**

If you really want to get scared... read these statistics!

<http://federalnavigators.com/halloween-reflections-3-scary-facts-retirement/>.



Welcome and congratulations to our newest R³ member!



Betsy Buzzelli-Clarke recently retired as professor and department chair of the East Stroudsburg University. She just signed up for the [PMEA Retiree Resource Registry](#), and will be included when the next update is released. At ESU, she taught several courses on music history, Senior Seminar, Introduction to Music, Fundamentals of Music, Popular Music from Mozart through the New Millennium, piano, and strings, conducted the Orchestra, and directed musical theater. We appreciate her ongoing service to PMEA!

Another treasure chest of retirement articles...

Dave Hughes offers excellent insight on the challenges of transitioning to retirement. Here is a sampling available on the web from the *US News & World Report* "Money" blog. If you like his style of writing, I recommend subscribing to his free "Ultimate Retirement Resource Guide," signing up at <http://retirefabulously.com/>.

- **6 Retirement Conversations Every Couple Needs to Have** <http://money.usnews.com/money/blogs/on-retirement/articles/2016-10-13/6-retirement-conversations-every-couple-needs-to-have>
- **Five First Year of Retirement Surprises** <http://money.usnews.com/money/blogs/on-retirement/articles/2016-09-08/5-first-year-of-retirement-surprises>
- **Will You Be Happy After You Retire?** <http://money.usnews.com/money/blogs/on-retirement/articles/2016-09-01/will-you-be-happy-after-you-retire>

More online reading... if only we had enough time!

- **Stop 'Defending' Music Education** by Peter Greene (*The Huffington Post* August 18, 2016) http://www.huffingtonpost.com/peter-greene/stop-defending-music-education-_b_7564550.html
- **"Surviving and Reveling in Retirement"** by Paul K. Fox (*Edutopia* October 1, 2016) <http://www.edutopia.org/discussion/surviving-and-reveling-retirement>

District 1 Retired Members' breakfast

A new way to socialize and keep connected! Bill Galvin suggested a monthly PMEA retiree breakfast, which we will start for PMEA District 1 on the first Monday of the month, **November 7** at 9 a.m., to be held in the Kings Family Restaurant in Bridgeville, PA. Want to chit-chat over a cup of coffee, tea, or toast... Dutch treat? You are cordially invited!

Quotables: *It's Never Too Late to Begin Again* by Julie Cameron, Tarcher Perigee, 2016

- "Every child is born an artist. The trick is remaining one as an adult." - Picasso
- "Artists don't retire..." - Anonymous (Do you remember Oscar Hammerstein II, Tom Meehan, Roman Totenberg, Frank Lloyd Wright, and B. B. King, to name a few?)

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We want you... to help out at local PMEA events!



Can you spare a few moments? Would you like to catch up with your music teacher colleagues? Can you volunteer at PMEA festivals, auditions, or C/I workshops?

What is needed? Everything from registration help, ushering, behind-the-scenes instrument repair, chaperoning, or score tabulations to... coaching sectionals or even accompanying the groups.

An open invitation has been extended to "drop on in" whenever you have the chance. Let your PMEA District President and/or festival/workshop host know you are available. Visit the PMEA District webpage for the dates, emails, and other details. Peruse the main PMEA page to find your District (bottom/right column): <http://www.pmea.net/>.

Two YouTube videos:

"Tim Lautzenheiser Speaks on the Benefit of Music"

at <https://www.youtube.com/watch?v=xHmSmUpZiAU>

Published on October 13, 2016, Tim Lautzenheiser, Vice President of Education for Conn-Selmer, Inc., discusses the educational, emotional, and economic benefits of music being a part of every child's development. (In his always inspirational style, he shares a meaningful quote from a band-parent-to-be for anyone's beginners' recruitment event: "The most important thing in our lives is to support our children...")

"Tips for Retirement"

by CNN at <https://www.youtube.com/watch?v=UyWPYUORmp0>

Published on September 8, 2016, Jim Morelli gets advice from experts on how to handle the next phase of life.

TED video (guaranteed to make you chuckle!)

"Art That Craves your Attention"

by Aparna Rao at http://www.ted.com/talks/aparna_rao_art_that_craves_your_attention

"In this charming talk, the artist shows us her latest work: cool, cartoony sculptures (with neat robotic tricks underneath them) that play with your perception - and crave your attention. Take a few minutes to simply be delighted."

Happy trails, retirees. Keep a lookout for these *Constant Contact* messages, and make sure they are not "lost" in your "promotions" or spam folders. Please stay in touch, and take care! PKF

